

# ON THE FLY

THE MONTHLY NEWSLETTER OF THE  
FLY FISHERS CLUB OF ORANGE COUNTY

50 YEARS OF SERVING OUR MEMBERS!



April 2016

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## Website:

<http://www.fcoc.org>

## Club Meeting:

April 13, 2016  
Phoenix Club  
1340 S. Sanderson, Anaheim, CA  
6:00 pm - Wet Flies (Social Hour)  
7:00 pm - Dinner and Program  
Dinner & Program - \$30.00 Cash  
Program Only - \$10.00 Cash  
\$1 Fee for Credit Cards

## Board Meeting:

April 18, 2016 - 7:00 pm  
Montesilla Mobile Home Park  
15601 South B St., Tustin, CA  
7:00 pm  
Club Members are Welcome

## President's Message

Wow! What great party we had for the Fiftieth Anniversary! If you missed it (and you shouldn't have), it was a fun affair! 163 people were there including twenty eight Past Presidents! It sure was good to see some faces I haven't seen in a while, and meeting Mr. and Mrs. Ken Stutzman was a real pleasure.

Lots of great door prizes and recognition plaques were handed out.

We inducted a new Life Member. Congratulations to Jim Wright!

A big THANK YOU to Scot Lewis for being our photographer at the Fiftieth! I still wonder, though, just what sort of picture storage we'll have in fifty years in the future...

And another big THANK YOU to John Williams who created and narrated a nice slide show with photos of many current and past club members at club and fishing events.

THANK YOU, Andy Frumento (and company) for putting this all together. It was, and is, a milestone for us.

The best way to continue our success is for more members to get involved in the club. We are always looking for Streamkeepers, Trout In The Classroom help, and more. In fact, we have an opening on the board for a person to run our Conservation Program. If you are interested, contact me or any Board Member for more info.

Here's to the next Fifty years!  
Jim Edwards, President

# What Trout See with Jason Randall

As fly fishers, we often stalk our prey by sight fishing, and, if we're fortunate, we see fish and cast to them, hoping to entice them into eating what we want them to think is edible insects or bait fish. But far too often, we don't take into account what the fish are actually seeing when we present our flies. Many of us don't understand how our targeted prey use their sight and senses to notice our fly, then examine it and lastly, eat it. And how they do all this can greatly affect how successful we are.

We need to understand that fish do NOT see the way we do. Their eyes are different, how their two eyes work together (or not) is different and even WHERE fish actually are in the water is not necessarily where we "see" them to be. This is because "how" we see them is affected by the combination of light, air and water, with light refraction (the bending of light waves as they pass from one medium to another) playing a part in all this. What all this means is that to be really good fly fishers, we should understand how fish see, why they see the way they do and how this information should affect our strategy.

This month we are going to learn how and what trout see, and our teacher is definitely an accomplished, credible and friendly source – Jason Randall. Jason is a practicing veterinarian who lives in Woodstock, Illinois, where he and his wife, Jo, also a veterinarian, have an animal hospital. Jason explains one aspect of trout's unique survival mechanism this way: "Trout see directly in front with perfect focus, while at the same time, if we approach from the side, they can see us also with perfect clarity. That is because they have elliptically shaped eyes with multiple focal lengths. This would be like our reading a book we are holding in front of us, while at the same time we would have perfect eyesight and focus in our peripheral vision. Imagine how hard we'd be to sneak up on if that were the case, which is why trout are *extremely* difficult to surprise when we try to sneak up on them.

"Trout are visual predators – they select prey (and, we hope, our flies) based on visual clues. The more we understand their sense of sight and the criteria they use in prey selection, the more trout will end up in our nets."

Jason was born in Morris, Illinois, a small rural town in the north-central part of the state. His father introduced him to fishing, hunting and camping and his growing love of the outdoors led Jason to become an Eagle Scout when he was just 15.

He attended veterinary school at the University of Illinois, served in the Army and then moved to Woodstock to start his practice. He is not only a veterinarian, but a veterinarian certified in fish



health and medicine. He is also a member of the World Aquatic Veterinary Medical Association and the Society for Freshwater Science.

Jason picked up a fly rod in 1983, but with no guidance or instruction, became frustrated with fly fishing and casting and didn't handle a fly rod again for almost a decade. It was, during a Colorado vacation, that a friend suggested they go fly fishing. Fortunately they hired a guide who gave them casting instruction and solid, accurate advice. After these brief, though valuable lessons, Jason proceeded to catch several native trout and this experience, says Jason, hooked him on fly fishing for life. And "hook him" is an understatement.

Jason proceeded to not only study and learn fly fishing, achieving great success as thoroughly and quickly as few others have, but he also became adept at communicating the knowledge he gained. For the last twelve years, he has been an outdoor writer with feature articles appearing regularly in *American Angler*, *Fly Fisherman*, *Eastern Fly Fishing*, *Northwest Fly Fishing* and many other outdoor magazines.

During just the last several months, Jason has appeared and presented programs at fly fishing shows, conclaves and club week-ends throughout North America in places such as Somerset, New Jersey; Denver, Colorado; Detroit, Michigan; Philadelphia, Allentown and Lancaster, Pennsylvania; Memphis, Tennessee; Edmonton, Alberta, Canada; and in other states as diverse as California, Texas, Ohio, Oklahoma, Nebraska, North Carolina, Arkansas and Illinois.

In 2012, Stackpole/Headwater books released Jason's first book, **Moving Water: A Fly Fisher's Guide to Currents**. This book studies and explains the effect of current on trout, their prey species and presentation, where vertical layers of current create drag and requires adjustments to improve nymph fishing success.

Jason's second book **Feeding Time: A Fly Fisher's Guide to What, Where and When Trout Eat**, was released in August of 2013. This valuable book focuses on matching your fishing strategies to the trout's feeding strategies, especially when targeting large trout.

And in 2014, the third book in his publisher's "Fly Fisher's Guide" trilogy was released -- **Trout Sense: A Fly Fisher's Guide to What Trout See, Hear and Smell**, which offers anglers an opportunity to know more about the quarry they seek.

During his visit to our club, Jason will have these books with him for sale. To learn more about this bright, professional and accomplished fly fisher (and *fish-whisperer*), go to: [www.jrflyfishing.com](http://www.jrflyfishing.com)

See you there.... And remember to pursue your fly fishing dreams!

Andy Frumento

## 2016 Club Meeting Dates and Speakers

<u>DATE</u>	<u>DAY</u>	<u>SPEAKER</u>	<u>TOPIC</u>
1-13-16	2nd Wed	Landon Mayer	“Trout Tips: Secrets & Tactics”
2-10-16	2nd Wed	Bruce Chard	“Fly Fishing Ocean Flats Around The World”
3-9-16	2nd Wed	FFCOC 50th	ANNIVERSARY CELEBRATION
4-13-16	2nd Wed	Jason Randall	“What Trout See”
5-11-16	2nd Wed	Marlon Rampy	“Trout Route – A Journey Up Central Oregon’s Hwy 97”
6-8-16	2nd Wed	Gordon Tharrett	“Fly Fishing Utah’s Famous Green River”
7-13-16	2nd Wed	Doug Ouellette	“Trophy Trout of Cal-Vada”
8-3-16	1st Wed	Peter Koga and John Williams	“Argentina’s Jurassic Lake”
9-7-16	1st Wed	FFCOC Auction	-----
10-12-16	2nd Wed	Jeff Currier	“Fly Fishing Through The Mid Life Crisis”
11-9-16	2nd Wed	Tony Reinhardt	“Western Float Fishing - Strategies & Etiquette”
12-14-16	2nd Wed	Ken Hanley	“Baby Tarpon – All You Can Handle”

**NOTE: ALL PROGRAMS WILL BE LOCATED IN THE PAVILION EXCEPT:  
MARCH – MAIN BALLROOM ; MAY – LORELEY ROOM ; JUNE – LORELEY ROOM ;  
SEPTEMBER – MAIN BALLROOM.**

## 2016 Outings and Events Schedule

<u>DATE</u>	<u>OUTING/EVENT</u>	<u>STREAMKEEPER</u>	<u>PHONE</u>
February 19-21	Lower Owens, Bishop, CA	Lyman Kennedy	714 742-5865
February 20	Surf (Local)	Jim Edwards	714 337-5899
March 4	Trout in Classroom Release	Melinda Burns	951 415-9920
March 14-16	Pyramid lake, NV	Jim Wright	714 679-6638
March 22 - April 26	Fly Tying Classes	Doug Jones	
April 3-6	San Juan River, NM	Brian Mayer	562 619-9169
May 1-7	Colorado	Lyman Kennedy Mark Spowart	714 742-5865
June 3-5	Fish Creek	Jim Edwards	714 337-5899
July 15-18	Hot Creek Ranch	John Williams	951 236-0862
August 27	Casting Clinic	Joe Libeu	
September 12-16	Utah One, Loa	John Williams	951 236-0862
September 19-23	Utah Two, Loa	John Williams	951 236-0862
September 25-27	Utah Three, Circleville	John Williams	951 236-0862
October 1 and 8	On The River Classroom	Doug Jones	
October 14-16	Fly Fishing Faire - Bishop	Melinda Burns	951 415-9920
October 21-23	President's Outing - Kernville	Jim Edwards	714 337-5899
November 5	IFFF Interclub Tournament	Melinda Burns	951 415-9920
November 5-6	On The River Outing Bishop, CA	Doug Jones	
December	TBD		

# Outings Reports

## Pyramid Lake - March 2016



## Upcoming Outings

### San Juan River - April 3 - 6, 2016

Spring is just around the corner and we are planning another fantastic outing to the San Juan River in New Mexico. The clear river waters of the San Juan are the jewel of Northwest New Mexico just a short 14 hour's drive from Southern California. The river is fed from the deep waters of Navajo Lake which provide nearly constant temperature and abundant food supplies. This means many large brown and rainbow trout with substantial fight.

Many of the club members have stayed at the Fisheads San Juan River Lodge [ (505) 634-0463, <http://www.fisheadsofthesanjuan.com/> ], and the Abe's Motel just across the street [ (505) 632-2194, <http://sanjuanriver.com/> ]. Both have very reasonable rates and can arrange guides as well. There are other accommodations as well. If making reservations at Fisheads, please let them know you are part of the FFCOC group. Contact Brian Mayer for full details.

This year, we are planning for fishing on the weekdays when all the kids have returned to school and we won't have to compete with the local weekend fishers. Plan to arrive on Sunday, April 3. If you arrive early enough, you may have the opportunity to wade fish the lower quality water. The general plan is to fish Monday, Tuesday and Wednesday. These are the days that you should consider arranging guides. I strongly recommend you get a guide for at least two days to thoroughly enjoy all the fishing the San Juan Quality Water has to offer. Both Fisheads and Abe's offer package deals for two and three days guiding with lodging. Prices are the same as last year for guides and lodging. For those non-fishing travelers, there are several historic and interesting areas nearby to explore. The city of Aztec offers some shopping for Native American products and Durango, Colorado is a short drive away as well.

We have generally gathered as a group for dinner each night. Although there are limited choices in Navajo Dam, we usually go to the city of Aztec (short 20 minute drive) for dinners at the local Chinese restaurant and Mexican food restaurant.

For more information, please contact stream keeper Brian Mayer at: (562) 619-9169 or [bdmayer@hotmail.com](mailto:bdmayer@hotmail.com)

If you plan to attend the trip, please call or send Brian Mayer an email so we have contacts for everyone.



## Fish Creek Outing June 3 - 5, 2015

Sign-ups are open for the annual trip to Fish Creek. This year, it will be the first weekend in June.

This is a camping outing to the Southern Sierra's Kern River Plateau area close to Kennedy Meadows. The camp ground provides cold water and out houses only. Most people will be camping in tents; however, small camping trailers are allowed. We will be fishing for small golden trout in small water creeks, so bring your small rods (3 weights and less). The fish are generally very eager, so this is an excellent trip for the novice and experience fisher-person as well.

If interested, contact Brian Mayer (562-619-9169).



**FFCOC Casting Clinic**  
**Saturday, August 27th**  
**Mile Square Regional Park, Costa Mesa**  
**\*\*\* Save the Date \*\*\***

The Annual Casting Clinic invites potential new members and the public to “try it out”; have an opportunity to explore and improve fly casting with Joe Libeu and other experts, meet members of our club over a picnic lunch, and enjoy a morning at the park. Please help spread the word.

**FFCOC “On the River” Training**

On the River (OTR): Local classroom with an outing to Bishop, CA

This training is a great way to help “jump start” members, maybe those new to fly fishing and our club. These sessions combine morning classroom sessions and a chance to go catch some fish with an outing on the Lower Owens. The feedback on last year’s event was outstanding.

**Saturday, October 1<sup>st</sup>**: OTR Training-Classroom Session 1

**Saturday, October 8<sup>th</sup>**: OTR Training-Classroom Session 2

**Saturday & Sunday, November 5<sup>th</sup> and 6<sup>th</sup>**: OTR Owens River outing, Bishop, CA



**More details to follow!**

# Fishing Southern Utah

## Still Room in Trip Three



### **Trip Three: September 25-27, 2016**

#### **3 Day Trip**

**Circle Valley Anglers, 350 S Hwy 89, Circleville, UT 435-577-2168**

**Owner:** Emmett Doane

**Cost:** \$540 to the guide, plus tip, lodging and food.

**Stream Keeper:** John Williams, call to make your reservations 951-236-0862

A **\$200 Non-Refundable Deposit** is required to hold your spot, make checks payable to Circle Valley Anglers and send to John Williams 19859 Calle Cadiz Walnut, Ca. 91789

The drive is approx. 8.5 hours from Ontario Airport. You will drive your own vehicle to the fishing locations and the return, usually within 1 hour of the fly shop, no 4 wheel drive necessary. Be at the fly shop at 8 a.m.

**Tipping is considered normal**, \$40-50 per day per person.

**Lodging & Food:** Circle Valley Anglers has a house attached to the fly shop it rents for \$99 per night and sleeps 3. Very comfortable

Butch Cassidy's Hideout Across the street 339 S Highway 89, Circleville, Utah 84723

(435) 577-2008. Make your reservations early, this is at the start of hunting season and there are very few accommodations in the area. Very comfortable and next to the café across the street from the fly shop, wonderful people and clean motel.

**When you sign up for one of these trips, I'll provide more information on lodging, food and gear including fly suggestions.**

**John Williams, Streamkeeper**

## Trout In The Classroom

### *Sierra Vista Elementary School TIC Fry release Friday March 4<sup>th</sup> Tri City Park*

On Friday March 4<sup>th</sup>, 2016 a team of TIC volunteers from our club participated in Sierra Vista's Elementary School Trout Fry release. There were 28 transitional kindergarten students and about 70 4th graders, along with 17-20 parents and 3 teachers.

The kids were split into four groups for each station we had set up.

The Trout Release Station

The Casting Station

Fly Tying Station

Fly Fishing Equipment and Conservation Station



The picture (left) shows the kids in groups releasing the trout fry. Jim Wright explained to them the proper way to release them so they wouldn't go into shock. The kids said good bye to their little friends as they swam away.



At the Casting Station, Floyd, Rueben and John took a group of kids and demonstrated the science behind casting a rod. They then were able to try it themselves.



At the Fly Tying station, Lyman had his hands full. That is full of fly tying materials. He showed the students what we use and why we use certain materials. They were fascinated with the furs as Lyman passed pieces around for them to touch. They couldn't believe those materials went into those tiny little flies.



The last station is where Ken Beck and Brian Mayer discussed Fly Fishing equipment and conservation. Look how intently they were listening.

To see more photos of this day, [click here](#). There are also some videos of the Fry releases. These kids and parents had a blast as did our volunteers. If you would like to find out more about this program, whether it be to volunteer time or for the actual program for schools, please contact myself – Melinda Burns @ [mell1755@pacbell.net](mailto:mell1755@pacbell.net) or Jim Wright @ [jrwright1@earthlink.net](mailto:jrwright1@earthlink.net) .



I want to thank the following volunteers for assisting in this event;  
Rueben Portillo, Brian Mayer, Lyman Kennedy, Ken Beck, Alan Ross, John Mc Lellan , Jim Wright, Floyd Sabins and Dwayne Rainey:



Tightlines,  
Melinda Burns  
TIC Director

Other Activities of Interest (Non-FFCOC)



## 2016 WOMEN'S ANNUAL FLY FISHING CLINIC

Ladies:

Come join us for the Women's Annual Fly Fishing Clinic.

This clinic covers all the basics of fly fishing: casting, reading the water, entomology, equipment selection, fly tying, knots, landing and releasing fish. Whether you are a neophyte or simply want to hone your fly fishing skills, this is a fun and engaging clinic that will teach you everything you need to know to embark on a lifetime of angling adventures.

**Space is limited so register early!**

**\*All net proceeds from this event will be donated to Casting For Recovery.**

**When:** April 30th, 2016, 9:00 AM – 4:00 PM  
**Where:** The Pasadena Casting Clubhouse and Pool.  
**For directions:** visit [www.pasadenacastingclub.org](http://www.pasadenacastingclub.org)  
**Cost:** \$95 (Lunch included!)  
**To register:** Contact Leigh Ann Swanson  
**Phone:** 310.741.7645  
**Email:** [lacraven22@hotmail.com](mailto:lacraven22@hotmail.com)



*\*Casting for Recovery is a nationally recognized not for profit program established in 1996. It provides an opportunity for women whose lives have been profoundly affected by breast cancer to experience physical, emotional, and spiritual healing through retreats in a beautiful natural setting, and learn the art of flyfishing, a sport for life!*





**Southern California Retreat  
May 20-22, 2016  
UCLA Arrowhead Retreat Center  
Applications now being taken....**

## Why fly fishing and breast cancer?

The concept of Casting for Recovery is unique. On a physical level, the gentle, rhythmic motion of fly casting is similar to exercises often prescribed after surgery or radiation to promote soft tissue stretching. On an emotional level, women are given the opportunity to experience a new activity in a safe environment amongst a supportive group of peers. The retreats provide resources to help address quality of life issues after a breast cancer diagnosis, and a new outlet – fly fishing – as a reprieve from the every day stresses and challenges of their cancer.

## Fast Facts:

- Casting for Recovery provides free fly fishing retreats for women with breast cancer
- 70% of the women who attend Casting for Recovery retreats have never been to a support group
- CfR currently offers 42 retreats across the country, serving nearly 600 women each year
- CfR relies on the support of more than 1,600 volunteers nationwide, including medical and psychosocial professionals, fly fishing instructors and alumnae
- National sponsors include [Sage](#), [Sisters on the Fly](#), [Ashford Hospitality Trust](#), [Genentech](#) and [Orvis](#)

## History:

- Casting for Recovery was founded in 1996 in Manchester, Vermont, by a breast cancer reconstructive surgeon and a professional fly fisher. Casting for Recovery's innovative program focuses on breast cancer survivorship and improving quality of life, and has garnered endorsements from medical and psychosocial experts.
- Awarded 501(c)(3) non-profit status in 1998, Casting for Recovery has inspired international efforts in Canada, UK/Ireland and New Zealand.
- To date, Casting for Recovery has conducted more than 500 retreats, serving nearly 7,000 women nationwide.
- In 2014, we held 42 retreats in 36 states, serving 600 women..

## For More Information and Registration:

Go to [www.castingforrecovery.org](http://www.castingforrecovery.org)

# ***SPECIAL RAFFLE***

## **Ascend Kayak H12 With Paddle**

**\$20 donation**

*Supporting Free Retreats for Breast Cancer Survivors*

**Only 200 tickets will be sold!**

The innovative Ascend® H12 Sit-In Kayak style Hybrid Kayak was designed to deliver a unique blend of performance, storage, and rigging characteristics for a true "all-species" angling kayak. It makes the perfect craft for overnight expeditions, yet sports a nimble and balanced build to handle those short day trips easily.



**Ascend Kayak H12 with Paddle  
sponsored by  
Bass Pro Outdoor World**

Drop by our booth at Fred Hall in Long Beach or  
Donate online at:

<https://donate.castingforrecovery.org/events/kayak-raffle-for-southern-california/e73391>  
or email [cfrsocal@sbcglobal.net](mailto:cfrsocal@sbcglobal.net) to get your Ticket!

***Thank you for your support***

**Drawing held when all 200 tickets are sold!**  
[www.castingforrecovery.org](http://www.castingforrecovery.org)

## Fly Tying

### Flies That Keep On Giving

Pyramid Lake in Nevada, WOW! We were guided by Rob Anderson and Chris Evison. And the stream keeper was Jim Wright who has much experience putting this trip together. He asked Rob to put together “flies the guides use” in a box for purchase by those interested. I only used one fly along with many others in the group. This fly was the **Copper Wino**. No, not a copper glass filled with wine but a copper bead and wine holographic tinsel. This fly is a quite simple fly to tie and very effective.



By John Williams

#### Copper Wino

**Hook:** Daiichi 1270 size 12  
**Bead:** Copper 3/32 Brass or Tungsten  
**Thread:** Black UTC 70  
**Wire:** Copper Brown Extra Small  
**Body:** Holographic Tinsel, Wine colored  
**Finish:** Thin UV Cure



Place the bead on the hook small hole first and slide it to the eye. Place the hook in your vise. Start your thread behind the bead. Trap a piece of wire behind the bead and wrap over it down into the bend. Tie in a piece of holographic wine colored tinsel near the bend. Wrap the thread over the tinsel to the bead. Using overlapping wraps, wrap the tinsel forward to the bead, covering the previous thread wraps. Tie off and cut the extra tinsel. Spiral wrap the wire to the bead and tie off. Trim off the extra wire. Make several wraps of thread to secure the bead and taper from the body to the bead and whip finish. Smear a slight amount of UV fly finish over the body of the fly and set with a UV light.

This is a very effective fly on Pyramid and one to keep handy.

Tight lines all,  
John

## FFCOC Leadership

### Mission:

- Encourage Angling with Artificial Flies (fly fishing)
- Encourage Education and Fisheries Conservation, including Habitat and Watershed Conservation
- Disseminate to the Public the Results of the Club's Efforts
- Encourage Youth to Follow Sound Conservation Practices

To **ACHIEVE** this the Club conducts various meetings, events and outings as documented in this newsletter.

**MEMBERSHIP** is open to all. If interested, contact one of the board members or come to one of the meetings.

### Board of Directors and Activity Leaders:

#### President

Jim Edwards  
president@ffcoc.org

#### 1st Vice President

Auction Chairperson  
Melinda Burns  
1stvpresident@ffcoc.org

#### 2nd Vice President

Casting Clinic  
Art Prangley

#### Past President

Doug Jones

#### Treasurer

Brian Mayer

#### Secretary

Alan Ross  
secretary@ffcoc.org

#### Newsletter Editor

Richard Fanning  
newsletter@ffcoc.org

**Programs** - Andy Frumento\*

**Outings** - John Williams\*

**Web Site** - Victor Raphael\*

**Conservation/FFF** - Open

**Raffle Coordinator** - Charlene Hanson\*

**Membership** - Vern Martin\*  
membership@ffcoc.org

**Trout in the Classroom** - Melinda Burns\*

**Historian** - Open

**Fly Tying** - Doug Jones

\* = At-Large Member, FFCOC Board of Directors

## Support Our Local Fly Shops



**Bob Marriott's Fly Fishing Store**  
2700 W. Orangethorpe Ave.  
Fullerton, CA 92833

**Hours:** Mon-Sat: 9am - 6pm  
Sun: Closed

**Phone:** 714 525-1827

**E-mail:** [info@bobmarriotts.com](mailto:info@bobmarriotts.com)

**His & Her Fly Fishing**

SHOP

**His & Hers Fly Fishing Shop**  
1566 Old Newport Blvd.  
Costa Mesa, CA 92627

**Hours:** Mon-Fri: 10am - 6:30pm  
Sat: 9am - 6pm  
Sun: Closed

**Phone:** 949 548-9449

**E-mail:** [hisher1666@aol.com](mailto:hisher1666@aol.com)